



Clean Hands, Clear Facts

Hand hygiene is one of the most effective measures to prevent the spread of infections, yet a study from Euronews Health show that it is not always practiced thoroughly. In Germany, approximately 78% of people report washing their hands after using the toilet. This figure places Germany around the European average, but still highlights the alarming fact that over one in five individuals may skip this essential step.

Authorities such as the U.S. Centers for Disease Control and Prevention recommend washing hands with soap and water for at least 20 seconds. This effectively removes